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# THE VOICE

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ISSUE NO.2



TOUR DE FRANCE

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TOURISTIC PLACES IN  
ISTANBUL

OUR PREP CLASS STUDENTS





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# C O N T E N T O F T H E M A G A Z I N E

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## The History Of Our School

It was opened at the beginning of the 2016-2017 academic year by transferring the registration of male students of Özlüce Nurettin Topçu Anatolian Imam Hatip High School. The institution, which moved forward by experiencing the problems experienced by every new school in its first year, has become a school that implemented the Science and Social Sciences Program in the 2017-2018 academic year, and a project school that accepts students by examination since the 2018-2019 academic year. Our school, which moved to its modern and hostel building at the entrance of Özlüce District in 2019, became a school preferred by its students with the explosion of demand that year.

Starting from the 2019-2020 academic year, the Memorization Project has been implemented and 30 of our hafizes have been accepted with their talents. Our primary goal is to crown these talents with academic success.

Our school, which also has an imam-hatip secondary school, admits students to the 5th grade by examination and has started to instill the ability to learn languages at an early age by providing foreign language education for up to 10 hours a week.

Our school has a university placement rate of 71% and a high school placement rate of 65%; He sees it as his goal to always raise the bar of success higher.

Our students, who started to achieve success in the professional competitions held between Imam Hatip High Schools in their second year, became the first in the province and the second in the region the next year. Our school shows its name high in every competition, and our students who win provincial championships and international competitions in cultural and sports competitions carry our school's name up.

We chose the logo from blue and green colors to raise individuals who are sensitive to the environment. We finalized our logo by embroidering the initials of the name of Master Rasim Özdenören, who has won our hearts with his writings.



## INTERVIEW WITH OUR TEACHER MR. ALBAYRAK:

**Interviewer:** Hello teacher, can you tell us briefly about yourself?

**Mr. Albayrak:** Hello welcome. My name is Yusuf Albayrak. I was born in Trabzon/Araklı district. After primary school, I practiced Hafiz. I studied at İnegöl Imam Hatip High School and then graduated from Erciyes Faculty of Theology and Medicine. I started working in my hometown Trabzon in 1996.

**Interviewer:** Where was your first place of duty?

**Mr. Albayrak:** My first place of duty was Trabzon/Çarşıbaşı

**Interviewer:** How many years have you been working at this school?

**Mr. Albayrak:** Briefly for three years, not a lot.

**Interviewer:** What was your favorite lesson during your student years? Why?

**Mr. Albayrak:** My favorite lesson was physical education because I was always busy with sports. I was in the school's athletics and football teams. I played football as an amateur until I was 30.

**Interviewer:** What kind of student were you?

**Mr. Albayrak:** I wasn't a very high-level student. I was an intermediate and standard student. I was neither hardworking nor lazy.

**Interviewer:** What do you do in your spare time?

**Mr. Albayrak:** I fulfill my responsibilities towards my family outside of school. I do this not because it is my responsibility, but because I want it more. Other than that, I see my friends, although not very often.

**Interviewer:** Why did you prefer teaching profession?

**Mr. Albayrak:** It may be due to my primary school teacher. It may be due to my environment. Because we had no other option but studying.

**Interviewer:** If You Were Not a Teacher, Which Profession Would You Choose?

**Mr. Albayrak:** I never thought about it that way. I've always thought to be a teacher since primary school. I remember our teacher asking us what I wanted to be, and I said I wanted to be a teacher. I made my dreams come true.

**Interviewer:** Do you have any advice for us?

**Mr. Albayrak:** The biggest advice I can give you is: Read. As long as you read, your dialogue and understanding process will improve. Read a book out loud. One of my teachers advised me to do that to improve my speaking skills. I implemented what I mentioned after my teaching career. I often read books out loud, even if only a little, like Ali Fuat Başgil's book "Alone with Young People".

## ÖZLÜCE RASİM ÖZDENÖREN ANATOLIAN İMAM HATİP HIGH SCHOOL – PROJECT SCHOOL OF SCIENCE AND SOCIAL SCIENCES, MAKES A MARK ON ERASMUS SUCCESS THIS YEAR!

In the context of the 2022 Erasmus+ School Education (KA210-SCH) program, among the 212 project proposals submitted in the second application period, 7 project proposals have been awarded grant support following content evaluation. Özlüce Rasim Özdenören Anatolian Imam Hatip High School secured its place among the schools that received grant support with its project titled "Green Steps to the Future."

Coordinated by Özlüce Rasim Özdenören Anatolian Imam Hatip High School - Science and Social Sciences Project School, the project "Green Steps to the Future" addresses water management, waste management, energy efficiency, and sustainability under the overarching theme of climate. The project involves institutions from North Macedonia, the Czech Republic, and Portugal in its partnership structure. Three main transnational activities are planned to exchange good practices among the institutions.



The first mobility of the project took place from September 18 to 23 in Skopje, North Macedonia, hosted by the "Center for Climate Change." The project meeting in Skopje included institutions from Turkey, North Macedonia, the Czech Republic, and Portugal as project partner countries. Activities focused on sharing good practices and experiences related to the project's main theme of climate change, covering topics such as energy efficiency, water management and conservation, sustainability, recycling, and zero waste. The program included the evaluation of pre-project and ongoing activities of partner institutions, planning meetings for future project mobilities, as well as environmental excursions, field inspections, workshops, and social and cultural events. The host country, North Macedonia, showcased institutions working on climate-related initiatives, including visits to the Hydrometeorology, Electricity Museum, Natural History Museum, Matka Canyon, and various environmental and climate-focused NGOs. A comparative evaluation of the activities conducted in the coordinating and partner countries provided insights into the extent of alignment with existing practices in our school, city, and country, and identified exemplary practices.



Within the framework of our project, this year's Erasmus Days were enthusiastically celebrated at our school from October 9 to 14 with various activities. The celebrations, carried out under the slogan "#ERASMUSDAYS - We are in too!" included a presentation on Erasmus+ programs by our provincial project expert, live music performance with traditional Turkish instruments, online meetings with students and teachers from our project partner countries presenting their projects, and a nature walk, environmental cleanup, and picnic activities at Bursa Kent Forest.



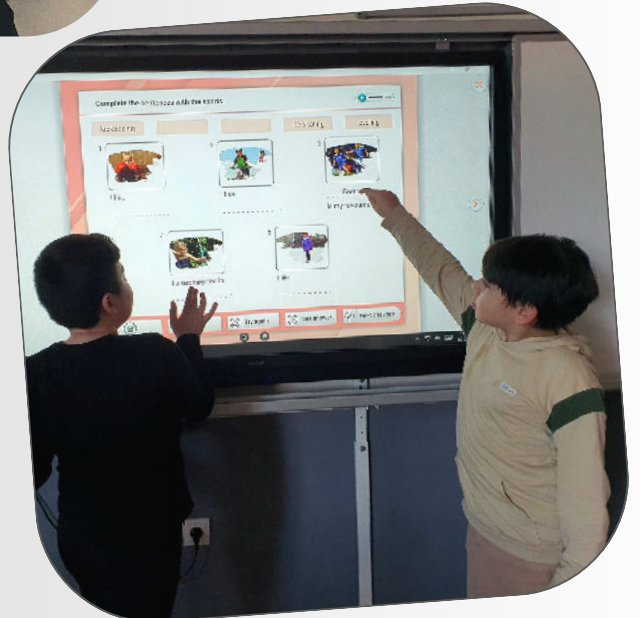
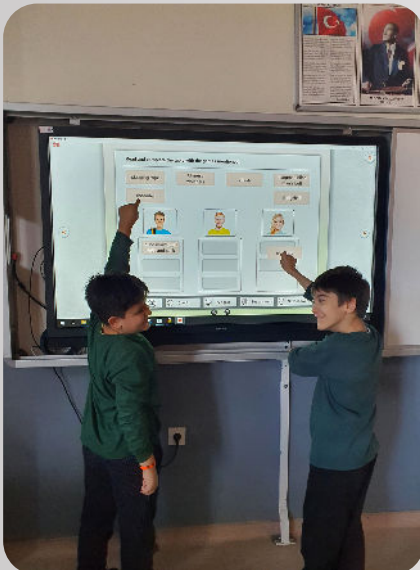
The second mobility of our project took place from December 10 to 15 in the city of Plzen, Czech Republic, hosted by the "Střední Odborné Učiliště Elektrotechnické" vocational high school. The activity involved 33 participants, including teachers and students from four partner countries. In addition to presenting on energy and electricity sources in their countries during educational sessions, students had the opportunity to acquire information on energy efficiency and conservation through workshop activities, enhancing both linguistic and cognitive skills. On the day allocated to Techmania Science Center, participants enjoyed a day filled with science-related experiences. Besides educational activities, participants explored the city of Plzen, Karlovy Vary, Locket Castle, and the capital city Prague, gaining learning and development opportunities in the social and cultural aspects.



The third mobility of our project will take place from March 3 to 8, with the participation of students and teachers from four countries, hosted by the institution "Agrupamento de Escolas de Penecova" in Quimbra-Penacova, Portugal.

## PREP CLASS STUDENTS ARE AT WORK!

Özlüce Rasim Özdenören Anatolian Imam Hatip High School offers intensive foreign language education for 5th grades. Students take 9 lessons of English per week. They learn English based on gaining proficiency in the 4 language skills; reading -understanding, speaking, listening, and writing. Through smart boards, students are able to use English actively and effectively. They use interactive class materials, listen to audios and songs, play games, solve puzzles and carry out projects. Students enjoy learning English and have confidence in themselves. Our motto is "We love English!"







## TOURISTIC PLACES IN ISTANBUL

First let's start with Galata Palace ; Galata Tower in Istanbul is old and famous. It's tall and gives a nice Bosphorus .People like to visit and take a pictures there. It's in the Galata district, a good place to see in Istanbul.



Second, let's move on with Ayasofya ; Ayasofya Mosque is a ancient and significant place, once a church view of the now a beautiful mosque . Many people visit to experience its rich history and architecture



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Third, let's Yerebatan Cistern  
Yerebatan Cistern is a historic un groundwater reservoir in Istanbul, built by emperor Justinianus 1. With column-filled galleries.



# How To Live A Healthy Life

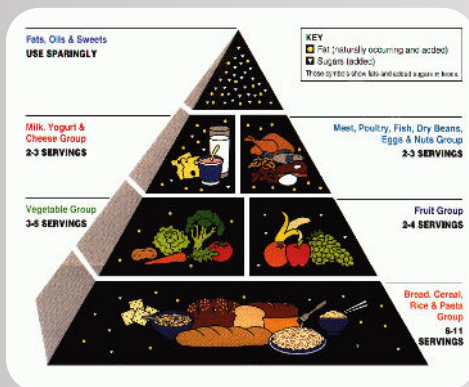
What is Healthy Living?

A healthy life is a way of life that makes you feel physically and spiritually healthy, good and happy. Although the definition of healthy life is different for many people, it can generally be defined as having habits that are good for our body and soul.

Why is healthy living important?

1. Protects against diseases
2. Contributes to extending life span
3. It offers a nature-friendly life

It is possible to talk about the many benefits of a healthy life for both our body, our soul and our world.



## What Should We Do for a Healthy Life?

### 1. Eating healthy

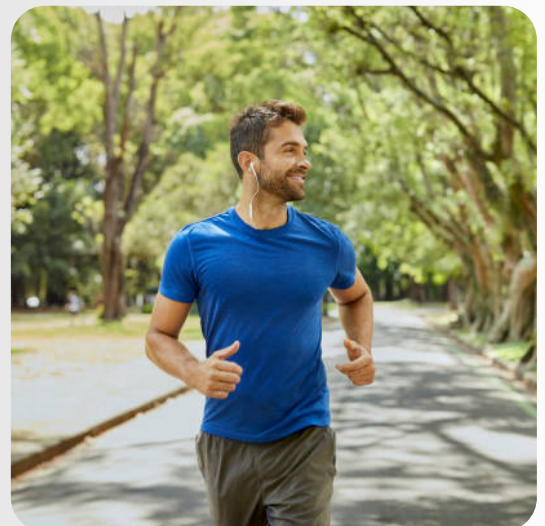
Eating healthy is one of the most important factors for a healthy life. Many healthy nutrition suggestions can be offered, such as consuming enough vegetables and fruits, eating seasonal and clean foods, minimizing processed food consumption, reducing cigarette and alcohol consumption if possible, and choosing complex carbohydrates instead of simple carbohydrates.



### 2. Becoming more active

Movement is extremely important in every aspect of life. Many factors are affected by movement and inactivity, including better heart health, weight management and mental health.

When it comes to exercise, it is not necessary to spend hours; being active for 30 minutes a day, perhaps doing an activity you like, such as walking, gardening or dancing, is enough to be active.



### 3. Keeping stress under control

Stress management is extremely essential for a healthy life. Stress is an important risk factor for many conditions such as weakening the immune system, digestive problems, depression, anxiety and heart diseases.

It is impossible not to have stress in our lives, but what is important is how we meet and manage stress. It is extremely important to keep the stress level at a minimum, to find a solution to the source of stress before it reaches levels that affect our health, or to benefit from practices that support stress management such as meditation, yoga and breathing exercises.



### 4. Building healthy relationships

Mental health is at least as important as physical health in a healthy life. Humans are social creatures and if they cannot establish healthy relationships in a healthy environment, some stress or other problems may arise.

Scientific researches have shown that people who have better, solid relationships are less likely to suffer from depression.

Healthy life is a whole. It means being physically, spiritually and physiologically well. For this reason, choosing foods that are good for our body, adding movement to our lives, accepting our social existence and building healthy relationships, and most importantly, learning to properly combat the stress that is a must in our lives, are the most important steps to take for a healthy life.





### What is Tour De France:

The Tour de France is an annual men's multiple-stage bicycle race, primarily held in France. It is one of the most prestigious and challenging events in professional road cycling and is part of the Union Cyclist Internationale (UCI) World Tour. The race usually takes place over three weeks in July.

Key features of the Tour de France include:

**Format:** The race is divided into a series of day-long stages. These stages can vary in terrain, including flat stages for sprinters, hilly stages, and challenging mountain stages.

**Overall Classification:** The general classification, or overall classification, is determined by the total time each rider takes to complete all stages. The rider with the lowest overall time wears the yellow jersey (maillot jaune), signifying the race leader.

**Other Classifications:** In addition to the overall classification, there are other competitions within the Tour de France. These include the green jersey for the best sprinter, the polka dot jersey for the best climber, and the white jersey for the best young rider.

**Teams:** The race is contested by professional cycling teams, each consisting of multiple riders. Teams compete for individual stage victories as well as the overall classification.

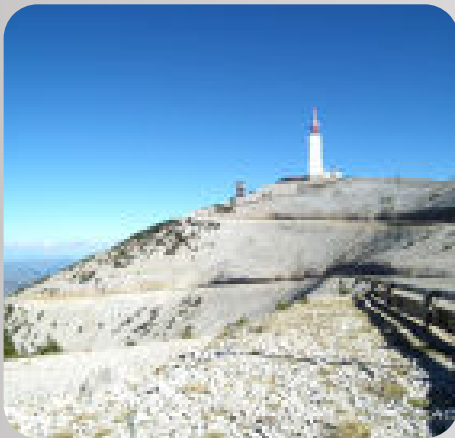
**Inception (1903):** The Tour de France was first organized in 1903 by the newspaper L'Auto as a way to boost its circulation. The first race had 60 cyclists and covered 2,428 kilometres over six stages.

**Evolution of the Race Format:** Over the years, the race evolved in terms of its format, distance, and rules. The current format generally includes 21 day-long stages, covering various terrains such as flat, hilly, and mountainous routes.

**Yellow Jersey (1919):** The yellow jersey, or "maillot jaune," was introduced in 1919 to identify the race leader. The rider with the lowest overall time wears the yellow jersey.

**Interruptions (World Wars):** The Tour de France was interrupted during the two World Wars (1914-1918 and 1939-1945). The race did not take place in those years, but it resumed in 1947.

**Famous Climbs:** The Tour is known for its challenging mountain stages. Iconic climbs include the Mont



**Ventoux**



**Alpe d'Huez**



**Col du Tourmalet**

**Eddy Merckx's Dominance (1969-1974):** Belgian cyclist Eddy Merckx is considered one of the greatest cyclists in history and won the Tour de France five times. His dominance in the late 1960s and early 1970s is unparalleled.

**Lance Armstrong Era (1999-2005):** American cyclist Lance Armstrong won seven consecutive Tour de France titles from 1999 to 2005. However, his victories were later stripped due to doping allegations.

**Recent Champions:** In recent years, cyclists like Chris Froome, Geraint Thomas, Egan Bernal, Tadej Pogačar and Jonas Vingegaard have claimed victories. The competition remains intense, with riders from various countries and teams vying for the prestigious title.

## GOOD TO KNOW



### WORLD POPULATION HAS PASSED 8 BILLION!

The world reached a worrying demographic milestone. The US Census Bureau said the population passed 8 billion in September. However, it said this was a rough guess. The exact time could be a month or two earlier. The world population will continue to grow steadily. It grew from 6 billion to 8 billion in the past two decades. The population doubled between 1960 and 2000.

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### GLACIERS ARE MELTING!

Glaciers around the world are shrinking at a faster rate.

According to a new report by the United Nations which studied 30 glaciers, ice loss is occurring at a record speed.

The loss of ice could bring about enormous change to some regions – such as India and the west coast of North America – which get their water from glaciers.



### Watch Less TV And Lose Weight!

A new study has found that people eat more when they watch television. Dr. Harvey Anderson from the University of Toronto divided teenage boys into two groups: one which watched television and one which did not. Each teenager was given as much pizza as he wanted to eat.

Dr. Anderson observed that the group which watched television ate an average of 228 calories more than the other group.

## **DOLPHINS HAVE A SEVENTH SENSE!**

We have five senses. Some people have six. A sixth sense is knowing something without using the five senses. Researchers have found that some dolphins have seven senses. Dolphins can sense electricity from the heart beats of sea creatures.

This could help dolphins to find food.

Researchers tested what kinds of electricity dolphins could sense. They were good at sensing direct current electricity. This comes from all sea creatures. It helps dolphins to know how near other fish are to them. This can help dolphins to hunt, even if they cannot see or hear well.



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## **DO YOU OWN A PET?**

Glaciers around the world are shrinking at a faster rate.

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## **LANGUAGE TIPS**



You can't make an omelette without breaking eggs  
To take effort or have to do unpleasant things in order to achieve a desired goal.

## NEWS FROM OR SCHOOL



Our student Yasin ÇETİN from Özlüce Rasim Özdenören A.İ.H.L 12-C class came first in the "Aihl Sermon Reading Competition" hosted by TOBB A.İ.H.L.

Bilal Nuri BAŞKURT, one of Özlüce Rasim Özdenören A.İ.H.L 12-C class students, came first in the "Aihl Young Sada Quran Reading Competition" hosted by Mehmet Akif İnan A.İ.H.L on 10.01.2024



Youth And Safe Future Seminar Was Held In Our School By The Directorate Of Security.



We celebrated the hundred year of our republic with a great party thank you teachers and students for preparing the celebration program



Our "Respect To The Martyrs" Bicycle Tour.



Özlüce Rasim Özdenören Anatolian Imam Hatip High School Students Participated in the "Getting to Know My City" Bursa trip



.Our graduated student sharing his moment and experience with us in an interview



BURSA REPUBLIC PROSECUTOR  
MR. ZEYNEL ABİDİN KAPLAN  
SHARED HIS EXPERIENCES BY  
EXPLAINING THE TURKISH LEGAL  
SYSTEM TO OUR STUDENTS



TEACHERS OF OUR SCHOOL  
WERE GIVEN A SEMINAR ON  
TUBİTAK PROJECTS IN TWO  
SESSIONS BY ŞÜKRÜ BAYRAM IN  
CHARGE OF PROVINCIAL  
NATIONAL EDUCATION



It was a nice evening where we  
listened to Sezai Karakoçu from  
Metin Önal Mengüşoğlu and  
İbrahim Sadri with the hostel  
students of our school



Fatih Enes AYDIN one of the 6/B class students of our school was the first place at the Bow Arching



Within the scope of the project "I read for the future" our parents got together with our Turkish Teacher Seda ÖZKAN



9/B and 9/D class students of our school participated in the "Knowing My City" event within the framework of the ARGE



# HOROSCOPES



## Aries

March 21 - April 19

All of your forward momentum is starting to slow down a bit, and not a moment too soon! This little breather in your week will finally give you a chance to take in the interesting view or get to know that fascinating person you've been missing for so long. Enjoy a more leisurely pace. You won't mind having to wait some more for the changes you've been dreaming about to come to pass. Everything will happen when it's meant to happen, which means you can stop worrying.



## Taurus

April 20 - May 20

One of the insecure people in your daily life is feeling especially sensitive today, so be cautious about how you phrase things with them. It might be easier to hurt their feelings than you think it should be. And while you don't exactly like the idea of having to walk on eggshells just for the sake of protecting someone's ego, you'll be doing yourself a favor by playing nice. It's not the day to ruffle their feathers.



## Gemini

May 21 - June 21

If you want to affect someone else's life in a powerful and profound way, today brings you an opportunity to do just that. But in order to tap into this potential, you should be of service to anyone and everyone as soon as you're out and about today. Don't reserve your generous nature for just one person. Giving up good parking spots, lending small sums of money, or listening to a complaining coworker could be the opening to a bigger and more fruitful connection.



## Cancer

June 22 - July 22

Your compassionate nature is something others admire in you, but it could be putting you into a phase of emotional intensity and upheaval right now if you are not careful. It's simply not healthy to get too involved in other people's drama. Try to take a more impersonal point of view about things. You are not responsible for making everyone happy all the time, so do not put that level of pressure on yourself. Do something by yourself that you enjoy today. Focus on you.



## Leo

July 23 - August 22

Your intuitive powers are starting to tell you that you might want to follow the leader for a while. They seem to know the lay of the land a lot better than you do. Your passivity is an asset right now, so utilize it and do what you are told. Why put yourself in a risky situation when there are other people willing to do it for you? Sit back and let these folks do what they want to do. You will definitely benefit in the end. You don't always have to be in charge to gain something.



## Virgo

August 23 - September 22

Try to get face-to-face with any of the people who can help you get where you want to be today. It's a great day for you to make some serious headway, but you need to do all your talking in person. Sending an email or calling someone might be more convenient, but it's also less personal and therefore less effective. Words alone cannot communicate what you want right now. Your facial expression and body language will help your cause and help you reach your goal.



## Libra

September 23 - October 22

Living on a budget isn't as unbearable as you think it is. Besides helping you save money, it's a great way to organize your life and get focused on your priorities. Take some time today to sort through how much you're spending and what you're spending it on. You will immediately see a few areas that need to be changed. Getting a better picture of your financial situation today could save you a lot of time and money later, so don't put things off any longer.



## Scorpio

October 23 - November 21

Your words have extra weight today, so be mindful of what you say. You can't just toss off whatever comes to your mind. Think through what you are about to say. And if you offer criticism today, give concrete examples. Help people understand what you mean or else they could just get defensive and reject what you are saying out of hand. And don't forget to make it clear to them that you know they are capable of amazing things. They need to hear it.



## Sagittarius

November 22 - December 21

You have a healthy sense of who you are, but do you have a good sense of the person you want to be? You're still a work in progress. Everyone is. And you need to think of your future not only in terms of where you'll be living and what you'll be doing but also who you want to become. Aim high. You can take the pressure! It's critical for you to maintain an open mind and be willing to learn. Embrace controversial ideas. They will teach you valuable lessons.



## Capricorn

December 22 - January 19

Forget about the things you don't like about your life. Focus on the hopes and dreams you have for the future. The more you think about your problems or worries, the more power you are giving them over your life. Today, put a smile on your face and be confident about where you are headed. And if you can't feel confident, then just fake it until you do. If you can convince yourself of your value, then other people will be convinced of it too.



## Aquarius

January 20 - February 18

In your career life, you should look for people to start giving you more of the kind of feedback that is difficult for you to hear. Look for feedback that is genuine and honest and therefore extremely valuable. Listen, don't get defensive, and have faith in your ability to grow from knowing how they feel. Whether you move forward in order to prove them wrong, or integrate their advice into what you are working on, their honesty will invigorate you and ultimately be very inspiring.



## Pisces

February 19 - March 20

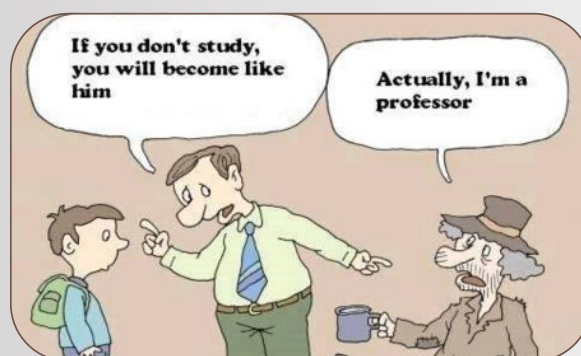
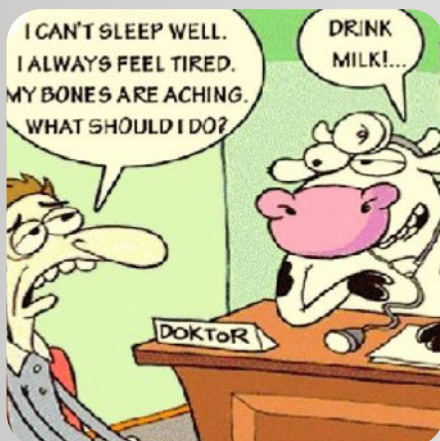
You might have to navigate through some unfamiliar territory today, but this should not be a very scary experience for you. You have solid footing in your life and a good sense of where you want to go, but the same might not be said of the people who are going along with you. They're in it for fun, and they could distract you from getting serious stuff done. If you are wishy-washy about their involvement, then you have to let them know your concerns.

# Find the words the puzzle

P R L E N D U W S B L D X V V  
 F U H E L I N C C T C K O Q Y  
 T C C J A E B I H Y U I O N D  
 W Z Y D W R K N O E C S G T D  
 Z U J S L M N T O E I V O M L  
 T E L G R R U E L L E E L A F  
 T R A V E L O R D P X N N V J  
 G E M S U U H W R T Y O C T U  
 T E I L H H V I A W I Y F R Q  
 U Q N J I Y G E F T H G F D V  
 G X A O D Y I W I A F B A P W  
 J H J O Z U U D P L A I F D A  
 E B P T O K A M O B A E X P S  
 K R D U O R Q O L X V J K Y Z  
 Y V A V T X Q G A M L B K E O

Animal - Move - Traditional -  
 Worldcup - Interwiev -  
 News - Travel - Learn -  
 School - Voice

## Caricature







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